

PURPLE PROFILES *of* COURAGE



Name: Stephanie Amend

My Connection to the Cause: I have lost someone to Alzheimer's disease.

My Inspiration:
My grandfather Don

How I Stay Strong: Family is a main source of strength. Watching my grandma, my mom and her siblings work together to develop the best plan for my grandpa's care was strengthening. I know they leaned on the Alzheimer's Association for resources.

My Advice to Others: Lean on family and resources such as the Alzheimer's Association. Don't be afraid to ask for help. Involve younger kids in as much of the process as possible to educate them, even at a young age, about what is happening to their family member.

My #ENDALZ Battle Cry: "Continuing to raise awareness to find prevention and a cure can't be ignored!"