

# PURPLE PROFILES *of* COURAGE



**Name:** Lori Huffman

**My Connection to the Cause:** I support or care for someone with Alzheimer's.

**My Inspiration:** My mother Helen

**How I Stay Strong:** I have immediate family and friends that help along this journey. My husband, children, siblings and dad have been there for me through it all. I also find comfort in my faith – knowing we are in a temporary home. These things help me keep this disease in perspective.

**My Advice to Others:** I am sorry for the diagnosis. Have the hard conversations about end of life care right away because as this disease progresses, it is hard to handle financial issues, long-term care and watching your loved one change. Find a support group and a Walk to End Alzheimer's so that you understand you are not alone in this fight and struggle.

**My #ENDALZ Battle Cry:** "Reach out! Take action! Find a cure!"