



**American
Foundation
for Suicide
Prevention**

Nebraska

the LiVE initiative

2024

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Agency: American Foundation for Suicide Prevention – Nebraska Chapter

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Mission: The Nebraska Chapter of the AFSP helps save lives and bring hope to Nebraskans affected by suicide.

Board of Directors/Leadership Council/Advisory Council*

Expectations (include term, time, and monetary requirements):

The Nebraska AFSP Chapter is eager to continue expanding our leadership base across the state. To be considered for the Board of Directors, we ask the following:

- Volunteers must serve on a committee for at least six months.
- If volunteer is a survivor of suicide loss, they must be at least two years after their loss.
- Attend at least one educational, advocacy, or survivor event or training.
- Participate in at least one fundraising event by contributing personal funds and soliciting donations from others.

Board members are elected annually and will serve a 3-year term. Board members are asked to attend all meetings* of the Board of Directors, serve on at least one Chapter Committee, be knowledgeable about the issues of suicide and the mission and work of AFSP, among other requirements. We are proud to have active Board Members who truly lead the work of the NE AFSP Chapter and welcome diverse leadership from across the state! Your voice matters.

*Our meetings are currently held via Zoom to accommodate Board members across the state.

Event Committees*

Descriptions & Expectations for EACH event (include term, time, and monetary requirements)

Out of the Darkness Walks are the largest AFSP fundraisers and suicide prevention awareness events of the year. Ask us about sitting on a committee for or chairing a Community or Campus Out of the Darkness Suicide Prevention Walk in your town! All volunteers and skillsets are welcome. gmanley@afsp.org

In addition to the General Volunteerism opportunities listed below, committees are available for Programs & Education, Public Policy, and Loss & Healing. Become an official AFSP Nebraska volunteer to get involved.

General Volunteerism Opportunities*

Descriptions & Expectations for EACH type of opportunity (include timeframe and time commitment)

AFSP Nebraska welcomes all volunteers. There is a place for you and your story here! Even if you do not identify with an opportunity listed below, please reach out to gmanley@afsp.org to begin a larger conversation. Volunteer applications can be found here: <https://afsp.wufoo.com/forms/zx0vmbu1vc7ggr/>

One-off events:

- Tabling at events in your area: provide the community with information about AFSP and suicide prevention/awareness.
- Parades: Walk with us to spread suicide prevention awareness!

Education:

- Become trained to facilitate Suicide Prevention education programs such as Talk Saves Lives, It's Real, and More Than Sad (and more – see <https://afsp.org/community-programs>) . We bring educational programs to various locations and communities across the state.

Events:

- Volunteer to help with an Out of the Darkness Community or Campus walk in your area!
- Other fundraising and awareness events are held throughout the year. Join our volunteer list to be kept up to date!

Loss and Healing:

- Healing Conversations is a survivor support program. Through an application process, volunteers who are survivors of suicide loss can become trained to support those who are struggling with suicide loss. See <https://afsp.org/healing-conversations> for more information.

Public Policy:

- AFSP Nebraska is committed to advocating for public policy that supports mental health and suicide prevention efforts in Nebraska. To get involved, become an advocate for suicide prevention at afsp.org/advocate. Join our Public Policy Committee to help plan State Capitol Day and other events around advocacy.

***Most of our meetings are held virtually to accommodate statewide volunteers.**