

PURPLE PROFILES *of* COURAGE



Name: Brad Anderson

My Connection to the Cause: I have lost someone to Alzheimer's disease.

My Inspiration: My wife LuAnne

How I Stay Strong: I was fortunate to have strong support from family. Outside of family, I met with the Alzheimer's Association and eventually found a support group that worked well for me. Later, I found a few caregivers like myself who were dealing with an ailing spouse, and we became our own small support group.

My Advice to Others: First, make sure legal documents and advanced healthcare directives are in order. Put together a financial plan and a caregiver plan. Most important, time with your loved one is precious. Spend as much quality time with your loved one as you can. Do it now, not later.

My #ENDALZ Battle Cry: "Change the future – END ALZ!"